

Heartland USA Dance Ballroom Workshop & Dance Party

With John Berry and Gert Roslender

4 Amazing Technique Lessons:

Session I: 2pm - 4pm

- **Use of Rotary Figures:** Double Reverse, Spin Turns, Fallaway Slip Pivots, Reverse & Natural Pivots
- **Understanding picture figures:**
Similarities between Foxtrot, Waltz, QS, Tango

Guided Practice: 4:00 - 4:30pm

Session II: 4:30 - 6:30pm

- **Viennese Waltz:** Gliding with grace, ease and elegance
- **Quick Step:** improve your footwork and discover more fun in common figures!

Guided Practice: 6:30 – 7:00pm

Saturday, January 19, 2019

Alternate Snow Date: Saturday, Jan 26, 2019

Carmel Ballroom, 111 Medical Drive, Carmel, IN

\$15 / lesson or \$45 for All 4 lessons + Admission to Evening Dance

Full-time students: \$10 / lesson or \$30 for 4 lessons + dance

Snacks provided throughout the day

USA Dance Membership Not Necessary

Evening Dance: 7:00 - 10:00pm

Evening Dance Admission: Members: \$8 / Non-members: \$12 / Students: \$6



To purchase tickets, make check payable to USA Dance, Inc. and mail to:

Larry Gogel, P.O. Box 2085, Bloomington, IN 47402

For more info: 317-759-0171, indyusadance@gmail.com or www.indyusadance.org